

## Agility Introduction Training

**In an increasingly VUCA world on the way into the fourth industrial revolution the adoption of agile ways of working is seen as a necessity to enable faster time-to-market, higher quality, and productivity. This raises questions like: Are those promises holding up? Will it work for me? How to get started?**

This training provides a general introduction to agility. It looks at agility from different perspectives to develop an overview of the why, what and how of agility. Using a well-balanced combination of information, discussion, and hands-on exercises it explores rational and emotional aspects, benefits and consequences of agile ways of working providing the participants with insights into whether, where and how to apply it.

### Agenda

1. Why agility
  - Agility drivers
  - VUCA framework
  - Complex decision making
2. Introduction to agility
  - Agility origins & definitions
  - Key concepts and types of agility
  - Agile business manifesto
3. Agile frameworks & practices
  - Common frameworks & practices
  - Agile culture & leadership
  - Scrum deep dive
4. Implementing Agility
  - Agile maturity model
  - Agile transformation planning
  - Benefits & Challenges

### Benefits

- ✓ Understand the core concepts of agility
- ✓ Get an overview of the common agile frameworks and practices
- ✓ Gain hands-on insights into how to apply agility at work

### Setup

Duration: 1 day (8 hours)

Class size: 8-15 people

Format: Training with interactive exercises

Audience: everybody interested to learn more about agile ways of working

Prerequisites: none

Delivery: open or in-house

### Key Questions Answered

- ✓ What is agility on a team and business level?
- ✓ What is the nature, benefits and challenges of agile ways of working?
- ✓ How do I get started with agility?

### Contact

Please contact [info@forward-intelligence.com](mailto:info@forward-intelligence.com) if you would like to find out more.